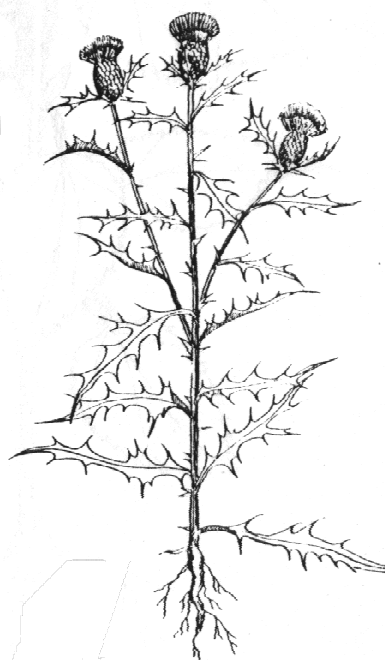




THISTLE

The leaves of this plant are coarsely toothed and have prickles on the ends. The leaves are edible after the prickles have been removed. If you are in the bush without food, skin the stalks and cut into 2 inch pieces. Boil in salted water. The stalks can also be used for making fishlines and snares.



THISTLE

Recommended Reading

Outlander, Diana Gabaldon

This story is the first book in a six-book (so far) series by a well known American author, Diana Gabaldon. The story begins in pre-Culloden Scotland and takes the readers on an adventure filled with facts about daily life, historical notes and a little extra thrown in. Having read the series myself, I highly recommend it to all.

Do you have an author or story to suggest? Send me a note and I will include it in my next edition.



Marylin Mackay and Mora Cairns with the Ditty bags for Our Place Peel

President's Message

Dear Clan folk:

As the fall leaves start to fall and we hear that snow is falling in parts of Canada we realize that summer is over.

Clan Mackay was able to participate in three Scottish Highland Games this summer. Cambridge, Zorra and Fergus. Each time we had the wonderful help of Barbara and Sarah Mallalieu, without them, hoisting the tent and coping with the sudden rain storms we would have been in trouble. Also we had good attendance at each event. Thanks to all the Clan Mackay members who attended these events.

Our Annual Meeting held in June was also a spectacular event, we had dinner and live music. Members of Clan Mackay attended from as far as Bermuda, Nova Scotia and New Brunswick. Gordon Mackay was made an Honorary Member of The Clan Mackay Association of Canada. Gordon has made many trips to Scotland and cemented our relations with the Scottish Mackays. As well, I received a huge bouquet of Flowers, (they lasted 2 weeks) for serving 15 years as President. Now is the time for New Members to step forward and take over some of these interesting jobs like President. Do give me a call.

Clan Mackay decided to make 16 (Ditty Bags) a bag of useful items to make living alone more bearable for teenagers for "Our Place Peel". Marilyn Mackay and I delivered them in August and they were well received.

We did not get to Scotland to attend the big event, but we understand it was indeed a success.

As you all know, one of our Mackay pioneers was Rev. George Leslie Mackay 1844-1901. He was born in Zorra, Ontario and founded the first Canadian overseas Mission and is today a National hero in Taiwan. He established the first hospital, first modern school, first school for women and first museum in Taiwan. He was a Presbyterian Minister.

So at our October 24th Clan Mackay Meeting, we are going to host 10 members of the Mackay-Taiwan Committee and five interpreters at our meeting. They are here for 10 days touring the area where Rev. Mackay came from. We are also hoping to have Anna, Isabel and Margaret Mackay, Grand daughters of the Rev. George Leslie Mackay at our meeting. All 3 ladies are members of Clan Mackay and Isabel is one of our Honorary Members.

You will be interested to read in this Newsletter Part One of a series of Mackays that died in World War One. This interesting article was given to us by Rob Mackay of Fenwick Ontario. Perhaps you can find one of your relations or if they are not listed let us know and we will see that they are added to the List.

We have a new T shirt with the Clan Mackay crest available. Just contact us. \$20.00. They make a great gift. Oh yes, Mackayla is a cute name for some little girl with Mackay roots. Have a great fall, It would be nice if each member found another Mackay to join our Clan.

Sincerely

Mora Mackay Cairns. 905-820-5715 morabob@rogers.com.

Serious Business

In our day-to-day lives, most of us are fortunate enough to enjoy good health, both ourselves and our families. For some, however, that is not the case. One of our association members, Marilyn Mackay, is living in the GTA while she awaits a lung transplant. This wait has been on-going for more than two years now. And she is not alone.

In 2008, there were 1683 people registered on waiting lists for organ donors in Ontario alone – but only 852 transplants were performed. This means that almost half of the people waiting last year did not receive the organ they needed. Every 3 days someone dies waiting for an organ transplant.

People who need organs do not fall into any particular group – they are young or old, rich or poor, from every ethnicity, culture and background. Of the 83 transplants completed this year in Central Ontario and GTA hospitals, 7 were performed at Hospital for Sick Kids. Most of the over 400 procedures that have taken place this year in Ontario have been because of donors from Ontario. While donor organs can sometimes come from outside of Ontario, many organs cannot be transported great distances without compromising the organ.

There is a way to help. The first thing that can be done is to sign your organ-donor card and keep it with you. You can also go online to the Ontario Trillium Gift of Life Network and register your desire to be an organ donor. (website is www.giftoflife.on.ca) The most important thing you can do is to talk about your decision with your loved ones as they will have to offer the final consent on your behalf.

I strongly urge you all to consider organ donation – your generosity can save lives.

On a Lighter Note

- The official animal of Scotland is Unicorn.
- The motto of Scotland is 'No one provokes me with impunity'.
- Edinburgh was the first city in the world to have its own fire-brigade.
- The Bank of Scotland, founded in 1695, is the oldest surviving bank in the UK. It was also the first bank in Europe to print its own banknotes
- Television, telephone, video cassette recorder, finger printing, home of golf, tarmacadam, tyres are penicillin were all Scottish inventions.

Highland Games

By Sarah Bain Mallalieu

This year, I volunteered to assist manning the Clan booth, with Mora and Barbara (mom) at several of the Highland Games around Ontario. We were able to attend Cambridge, Embro and Fergus Games and had a great time at all of them!

Embro

This was my first year at Embro and I must say that it was a blast! There were events, vendors, competitions and lots of Scottish history. For the low price of admission, we were able to take in the sights and sounds of Scotland for the day. We were among several clans represented and had the pleasure of meeting lots of new people and possibly some new clan members. True to this summer, the weather was even in keeping with the Scottish theme – drizzle for most of the day and slightly cool – but I am still looking forward to next year!

Cambridge

This was my first foray to the Cambridge games and I was once again impressed with all there was to see (and buy!). There were dancers and vendors, pipers and drummers all over the venue. Of course, the weather was suitably damp and windy, but we were well prepared for that! We saw a number of MacKay's as well at this event.

Fergus

Well, this was not my first time attending these games (nor my last) but it was still a great time. True to form, there were vendors and pipers and dancers and drummers all around the venue but there were also the heavy events and Genealogy and Heritage tents to provide entertainment. The weather was relatively good for Saturday but we did not fare well on Sunday (this summer was just not cooperating with the weather!)

I would like to take this opportunity to thank John Mackay, Harry McKay, Niall and Sheryll McKay for helping us out at the booth. Your assistance is much appreciated!

Editor's Letter

In the past, I have made efforts to avoid including items from my own life as this forum is for the membership. However, that said, this edition does have a submission close to my own heart. I had the pleasure of meeting Marilyn Mackay at the Annual meeting and hearing her story. She is living in Ontario while waiting for a transplant. Her situation spoke strongly to me as my godson is currently waiting for a kidney transplant. As a result, I have done some research into Organ Donation in Ontario and I have included some of that herein. I strongly encourage you all to take the time to look into your own provincial/national organ donation programs – your actions today could save a life later on.

Glengarry Highland Games – Maxville, ON
By Sherryl MacKay



The 62nd Glengarry Highland Games were well attended. News reports had over 25,000 in attendance at the 2 day games. The OPP also chose the games as the venue to celebrate their 100th anniversary. OPP Commissioner Julian Fantino was present at the games.



The OPP presence did not stop there. The OPP pipe band was among the law enforcement/military bands in attendance. The games were spread out over a few acres. Not only was there a large grandstand area with gently sloping hill from which spectators could sit comfortably and watch events without having to buy grandstand seats but there were also activities in 6 or 7 other areas including sites in the town that were within walking distance of the main site. The vendors were arranged on both sides of a roughly circular area surrounding the main grandstand. Even with people on both sides of the path at the vendor stalls there was still room for a pipe band to march through the crowd.



One of the highlights of the games was a 18th Century Musket Re-enactment by the 78th Fraser

Highlanders. Another highlight was the Friday evening tattoo. While the Flower of Scotland, Star-Spangled Banner and Oh Canada were being sung by an OPP Officer there were 3 Sky Divers who made the jump, each with a flag trailing behind them, each coming to a landing at the end of the anthem corresponding to whichever flag they bore. Glengarry offered a variety of competitions including pipeband, dancing and heavy games.



With a variety of vendors including kilt makers, british food merchancants, jewellers and scottish merchandisers there was something for everyone at the games. One thing that would have made the games even more complete from my perspective would have been an official MacKay presence. There were a nuber of families from the Clan and Honoured Septs though there was no Clan MacKay display. Clan displays were housed inside two agricultrual buildings on the games site where there would have been plenty of room for a MacKay display. The MacKay and Honored Sept families from the region would, I am sure, welcome the chance to march in the Parade of the Clans which had the represented clans march around the Grandstand Circle during which time they were presented to the crowd and dignitaries before marching out just before the speeches of the Opening Ceremonies.



The next games will be held July 30-31, 2010. How wonderful it would be if we could arrange a bus trip so as to have a MacKay presence at one of the oldest and largest games in Ontario.

All photos © 2009 Sherryl MacKay

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**Clan Mackay Society - ROLL OF HONOUR of
Members of the Mackay Clan Serving in the
Forces of the British Expire on sea and land,
during the European War, 1914 – 1915**

A., L.Cpl, 1330, 4th Camerons
A., Pte, 9534, 2nd Scottish Rifles
A., 9464, 2nd Scottish Rifles
A., Pte, 9821, Gordons (killed)
A., Pte, 8903, Signal Section, 8th Scottish Rifles
A., Sgr, 9334, 1st Seaforths (wounded)
A., Pte, 1194, Fordons (wounded)
A., Sgt, 8208, 10th Seaforths
A., 3201, 4th Gordons (U.F. Manse, Greengairs)
A., Pte, 7515, Scots Guards (wounded)
A., Pte, 677, 4th Camerons (Newtonmore)
A., 2189, 4th Gordons
A., L-Cp., 8375, Royal Scots (killed)
A., Pte, 11139, B Coy, 6th Camerons
A., Pte, 13846, D Coy, 7th Camerons
A., Pte, 10704, B Coy, 5th Camerons
A., Pte, 5145, B Coy, 5th Camerons
A., Pte, Camerons (Kinlochleven)
A., Pte, 5459, Gordons (Wounded)
A., Pte, 5527, Camerons (wounded)
A., Pt, 393, A Coy, 5th Seaforths, (Golspie)
A., Pte, 522, A Coy, 5th Seaforths (Golspie)
A., Pte, 722, A Coy, 5th Seaforths (Golspie)
A., Sgt, 4th Camerons
A., Pte, 2716, 4th Camerons
A., Pte, 1928, 4th Seaforths (wounded)
A., Pte, 2786, 4th Camerons
A., Pte, 2948, 4th Camerons
A., Pte, 1709, 4th Seaforths (Fountain House, Tain)
A., Pte, 677, 4th Camerons
A., Pte, 9821, Gordons (wounded)
A.G., Pte, B Coy, 13th Royal Scots
A.G., H.M.S. Kent (Melness)
A.G., Sapper, 19052, Royal Engineers
A. H., Lieut, Army Service Corp (Lumley, Yorkshire)
A.M. Lieut, 9th H.L.I. (Glasgow Highlanders)
A.M., Pte, 2731, 4th Gordons
A.M., Lieut, R.A.M.C. East Lancashire Division
A.P., Pte, 5525, O Squadron, 2/2nd Lovat Scouts
A.S., Lieut, 7th Ghurkha Rifles, Quetta
A.S., Lieut, R.N.R., H.M.S. Tiger
A. Waddel, Sapper, 93006, 218th Field Co., Glasgow Civic Company R.E.
Adam C., Sapper, 76482, Scottish Signal Co., R.E
Alastiar, Pte, 1926, 4th Seaforths (C. Coy)
Alastiar, College of Art Coy., 5th Royal Scots
Alex.G.D., Driv, 1439, H.M.F.A., 43 Rose St. Inverness
Alex., Lovat Scouts (Melness)
Alex., A& S . Highlanders (Melness)

Alex., H.M.S. Triumph (Melness)
Alex., 24860, G Coy, 13th Bat B. Watch (Canada) Ex. Fce.
Alexander, Pte, 1st Seaforths
Alex., Pte, 35, E Coy, 4th Seaforths
Alex, Pte, 17147, Edin.City Batt., 15th Royal Scots
Alex., Seaman, R.N.R. (Sword, by Kirtomy)
Alex. J., 2nd Lieut, 8th Seaforths (Farr Schoolhouse)
Alex. R., Chaplain (Bedford)
Alex. L., Captain, A.S.C
Alex., Gunner, Bute Mountain Battery
Alex., Gunner, R.G.A., Bedford (12 Bridge St, Rothesay)
Alex., Lieut, Naval Brigade (Aberdeen)
Alex. S., Trooper 9769, 3rd Hussars, 4th Troop, A Squad
Alex., Gunner, 6469, R.F.A
Alex.H.R., Squadron Qr M.S., 19th Alberta Dragoons
Alex., 2nd Seaforths (Kirkton, Forsinard)
Alex., Sapper, 48779, 92nd Field Co., R.E.
Alex., Army S.C., 4th Gordons
Alex., Sub-Lieut, R.N.V.R.
Alex., Pte, Australian Contingent (native of Rogart)
Alex., R.N.R., H.M.S. Revenge (native of Portmahomack)
Alex., Pte, 8903, 8th Scottish Rifles
Allan, Pte, 2nd Royal Scots (killed in action)
Andrew, Pte, Gordons (St.Nicolas)
Andrew, 8309, 3rd Gordons
Angus, Pte, Canadian Contingent (native of Rogart)
Angus, A.B., R.N.R. (Geocrab, Harris)
Angus, Pte, G Coy, 8th Royal Scots
Angus, A.B., R.N.R. (Kirtomy)
Angus, Lovat Scouts, Kirtomy
Angus, Camerons (Clerkhill, Kirtomy)
Angus, Flying Corps (Achurshich, Farr)
Angus, H.M.S. Kent (Melness)
Angus, H.M.S. Poonah (Melness)
Angus, Pte, 7515, Left Flank Co., 3rd Scots Guards
Angus P., R.G.A., Ross & Cromarty Mountain Battery
Angus, 5th Seaforths (Melvich)
Angus, Regiment unknown (Strathy Point)
Angus, 5th Seaforths (Strathy)
Angus, 5th Seaforths (Forsinard)
Angus, R.N.R. (6 Achmore Lochs, Stornoway)
Angus, Pte, 2nd Seaforths
Archd., Pte, 8247, 2nd K.O.S.B. (wounded, Ypres)
Archd., Pte, C Coy, 6th H.L.I.
Archd., 3760, 1st Scottish Horse
Archd., L Cpl, 45059, 84th Field Co., R.E.
Archd., Sgt, 1022, 4th Seaforths (19 Manse St., Tain)
Arch., Royal Scots (10 So.Charlotte St, Grangemouth)

New Membership/Renewal form

THE CLAN MACKAY ASSOCIATION OF CANADA
C/O Mr. Harry McKay, Treasurer
52 Mendota Street, Etobicoke, Ontario, M8Y 1G2
ASSOCIATION MEMBERSHIP
(PLEASE PRINT CLEARLY)

Name: _____

Address: _____
Street

Address: _____
City Province

Postal Code: _____

Home Phone: _____ Business Phone: _____

E-Mail: _____

Publish on our web directory: Name ☐ Phone # ☐

E-Mail address ☐ Do not publish ☐

Annual Membership Fee is \$15.00. Total Enclosed: \$_____

Why not consider paying two years at a time?

Please forward to the above address with your enclosed cheque.

Thank you for supporting The Clan Mackay Association of Canada.

<http://www.clanmackay.ca/>