

A'BRATACH Bhan
the White Banner
the Newsletter of the Clan Mackay Association of Canada



A'Bratach Bhan (*The White Banner*) is published by The Clan Mackay Association of Canada
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2010 Fall Edition

Dear Clanfolk:

Now that we are viewing maple leaves all around our beautiful country, we realize that Fall is here.

Clan Mackay had a wonderful summer with visits to the Georgetown Games, Cambridge Games and the Fergus Games. We wish to thank Barbara and Sarah Mallalieu for organizing, setting up and driving to these games. As well, a big thank you to Harry McKay, Kathy Mackay and Amy Mackay for their assistance at the tent. Jim Bain was in the Fergus March with us as well. While Nial and Sherry Mackay nearly set up our tent at Maxwell, Maybe next year?

Lots of things are positive about our Clan Mackay, here in Canada. We continue to attract new young members like Amy Mackay, who has set up a Facebook page for our Clan Mackay Association of Canada. The Facebook page allows people to learn about and join the Clan Mackay.

The Facebook group links people with common heritage relating to Highland dress, tartans, genealogy and Clan History. Members of Facebook can also be updated on Clan Mackay's current events and look at interesting Clan Mackay pictures. The Web Page is www.clanmackay.ca under the capable guidance of Barbara Mallalieu, It gets many hits and everyone seems to enjoy it..

With the help of Prof. Donald Mackay of Waterloo University, we unraveled the originality of the Honored Name "MacAoidh", which is Gaelic for Mackay. Our Annual meeting on June 25th 2011 will be a big affair, with a Ceilidh, dinner and music etc. So do plan to attend. It will be at Erin Mills United Church in Mississauga.

As well November 6th at 1:30 our Fall meeting will take place at 3665 Autumn Leaf Cr. Mississauga. Let me know if you are planning to attend.

Our deepest sympathy to the families of John Mackay of Burlington, Ontario and Gordon Mackay QC. of Kitchener who were both valued members of Clan Mackay. The Mackay Committee in Taiwan continue to amaze me. They are planning events to honor Rev. George Leslie Mackay, Presbyterian Missionary. We are lucky to have his grandchildren as members of our Association. Anna, Margaret, and Isabel.

This past summer we had as Special Visitors, Queen Elizabeth and Prince Philip. Some ask should Canada abandon the Monarchy. There are pro's and con's on this subject. We do have our own unique Flag. So everyone can, identify us around the world as Canadian and in 1947 we became Canadian Citizens instead of British subjects.

Then Canada has always been a constitutional monarchy. The crown exists to give authority to and protect, Canada's constitution and government.

It costs about 50 million a year including our Governor General and Lieutenant Governors to maintain the Canadian Crown. The majority of this money is spent to highlight Canadians and their achievements. I think we need to maintain our monarchy, so that the machinery of government, runs smoothly and to ensure that Canada always has a Prime Minister, important in an age of minority governments and coalitions.

Best wishes for the Fall, do send in your membership money, as well, your tickets on the lovely painting. We need your cooperation in order to run this organization smoothly.

Sincerely Mora Mackay Cairns, President
morabob@rogers.com 905-820-5715

Message from the Editor:

We have started to send the newsletter out by email to those who are interested. Advantages? It's in your mailbox within minutes of being completed
Save paper – read it onscreen or only print the

sections you choose. Save the clan costs of printing and mailing
If you would like to receive yours this way, please email thewebmaster@clanmackay.ca to have your name added to the list.

**Recipes, Recipes, Recipes
Some Fall Goodies:**

Caraway (carum carus) seed, a favorite of the Romans, was carried by those legions to the edge of the Scottish moors where, beside the undulating, now green, wall, the Romans built their forts and their gardens. In Scotland, caraway cakes are still called after the old Latin name. “Carvi Cakes”
Traditionally, seed cake is served on “Auld Handsel” Monday (the first Monday of the New Year)

Scots Seed Cake:

¾ cup flour 1 tsp Baking Powder
2 level Tablespoons caraway seeds
2 eggs ½ cup butter
½ cup sugar 1 tsp Scotch whisky

Mix together flour, baking powder and caraway seeds. Cream butter and sugar, add well beaten eggs and whisky. Add to flour mixture. Pour into a greased 8 inch greased and lined pan. 350 degrees oven for 45 minutes.

Sunday Morning Oat Cakes:

2 ¼ cup rolled oats
1 ½ tsp salt
2 cups buttermilk
2 eggs
4 T melted shortening
1/3 tsp baking soda dissolved in a little hot water.

On Saturday evening, combine rolled oats, salt and buttermilk. Cover , let stand overnight. In morning add eggs, beat well. Add melted shortening and B. Soda. Drop the batter on a hot frying pan that has been greased and piping hot. Brown on one side. Till bubbles appear. Then other side. Serve hot with bacon and maple syrup.

Scotch Coffee:

1 ½ ounces (3 tablespoons) Drambuie
4 ounces hot coffee
¼ cup unsweetened whipped cream.
Pour the Drambuie and hot coffee into coffee cup.
Top with the whipped cream and serve immediately.

THE BOOK OF MACKAY

By
Angus Mackay M.A.

**This Mackay book is a wonderful production and was written in 1906. The caption is
" Work wisely and take heed to the end: Be valiant."**

The Book of Mackay had only 500 copies printed and each person that ordered the book is named. This is a list of the subscribers from Canada. I am using a friends copy to compile this article, the book number is 193.

Perhaps you will have one of the books or know where your Mackay may have donated or passed on his copy. It should be interesting to find if any more of our members have this book in their possession at present. Please let us know if you have any information.

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Removing Uncertainty

An article about the A, Murray MacKay Bridge

Each day, 50,000 vehicles of all sizes cross the harbour between Halifax and Dartmouth over the A. Murray MacKay Bridge – and you thought the weight on your back was heavy.

The 1,200-metre MacKay Bridge has safely linked the people of Halifax Regional Municipality across the harbour for 40 years. Halifax Harbour Bridges (HHB), which operates and maintains the bridge, has a mission to provide safe, efficient and reliable passage at an appropriate cost.

Recently, theoretical load evaluation modeling of the MacKay Bridge was conducted by Buckland and Taylor Ltd. Bridge Engineering of Vancouver, a company with a longstanding relationship to HHB. To verify this modeling, the Centre for Innovation in Infrastructure at Dalhousie, led by John Newhook, and Remote Access Technologies (RAT) were engaged by HHB to measure the actual bridge behaviour.

Dr. Newhook's team, including graduate student Josh Levy, worked in partnership with RAT to outfit the identified deck trusses with a structural monitoring system that uses gauges to register changes in stress under traffic loads. A 58-tonne tractor-trailer loaded with concrete blocks was then used to verify instrumentation and provide data for calibrating models. Now in operation, this system remotely transfers data to the Centre for Innovation in Infrastructure on Sexton Campus – right to the researchers.

"We're now monitoring the bridge under traffic for the next year," says Dr. Newhook, professor of civil engineering. "Traffic is a random pattern so we're trying to assess the peak stress values recorded in the critical members and use that data to assess how well the computer models predicted the actual bridge behaviour." Data received by Dr. Newhook's team is shared with RAT, HHB and Buckland and Taylor and analyzed once a week. It's crucial information to determine the appropriate long-term strategy for maintaining the bridge.

Dr. Newhook explains that safety thresholds in engineering have to be and are very conservative. The information his team receives, paired with the theoretical analysis will allow HB to make the best decision for the bridge and the travelling public.

"The fundamental value of this technology is that it removes uncertainty," says Dr. Newhook. "It's a significant investment when performing maintenance on the bridge and there is also considerable impact on the travelling public."

The data received will help define the scope of the deck replacement on the MacKay Bridge, tentatively planned for 2023/2024. The data will help determine if the trusses will need replacing – costing tens of millions of dollars – or if less expensive and disruptive maintenance could be done.

The kind of remote-assessment technology employed by the Dr. Newhook and RAT-led team, could be used in most structures and monitored from anywhere in the world.

HHB maintains and operates the A. Murray MacKay and Angus L. Macdonald suspension bridges. Other notable suspension bridges include the Golden Gate Bridge in San Francisco and the Lions Gate Bridge in Vancouver.

Reprinted from the Faculty of Engineering alumni magazine, Engineering, Spring 2010.

St. Andrew

Saint Andrew is the Patron Saint of Scotland, and St Andrew's Day is celebrated by Scots around the world on November 30 each year.

The original Andrew was a fisherman in the Holy Land, one of the 12 disciples of Jesus helping to spread the Christian faith.

Saltire

He is believed to have been martyred at a place called Patras in Greece, crucified by a Roman governor on an X-shaped cross that was to become the inspiration for the cross that forms the Saltire, Scotland's national flag.

His bones were entombed until, 300 years later, the Emperor Constantine the Great decreed they should be moved to his new capital city of Constantinople, modern day Istanbul in Turkey.

St Rule

Legend has it that before Constantine's orders could be carried out a monk, who was either Greek or Irish and called St Rule or St Regulus, was warned in a dream.

An angel told him to take what bones he could to the "ends of the earth" for safe-keeping. The monk obeyed. He removed a tooth, an arm bone, a kneecap and some fingers from Saint Andrew's tomb and set out on an epic journey that ended when he was shipwrecked off the east coast of Scotland and washed shore with his precious cargo. He found himself at a Pictish settlement that was soon to become known as St. Andrews.

St Andrews

Another version of the story is that Acca, Bishop of Hexham, who was a renowned collector of relics, brought the relics to St Andrews in the seventh century. There certainly seems to have been a religious centre at St Andrews at that time, either founded by St Rule 100 years before or by a Pictish King.

Whatever the truth, the relics were placed in a specially constructed chapel that was on the same site as the Cathedral of St Andrews which was built in the eleventh century.

Religious Capital

At that time St Andrews was the religious capital of Scotland and a great centre for Medieval pilgrims who came to view the relics.

St Rules Tower still stands today among the ruins of St Andrews Cathedral. It is not known what happened to the relics of St Andrew which were stored in St Andrews Cathedral, although it is most likely that these were destroyed during the Scottish Reformation when many churches were ransacked and treasures destroyed.

The larger part of St Andrew's remains were stolen from Constantinople in 1210 and are now to be found in the town of Amalfi in Southern Italy.

Remains Sent to Scotland

In 1879 the Archbishop of Amalfi sent a small piece of the Saint's shoulder blade to the re-established Roman Catholic community in Scotland. During his visit in 1969, Pope Paul VI gave further relics of St Andrew to Scotland with the words "Saint Peter gives you his brother" and these are now displayed in a reliquary in St Mary's Roman Catholic Cathedral in Edinburgh.

Order of Saint Andrew

The chivalric Order of Saint Andrew, also known as the Most Ancient Order of the Thistle, was created by James VII in 1687 and is an order of Knighthood restricted to the King or Queen and 16 others. St Andrew is also the patron saint of Russia. It is said he can best be invoked against gout and a stiff neck.

Reprinted from the Scottish Banner, North American Edition November 2007

Clan Mackay Society - ROLL OF HONOUR of Members of the Mackay Clan Serving in the Forces of the British Empire on sea and land, during the European War, 1914 – 1915

Fourth Listing

G., Pte, 577, B Coy, 5th Seaforths (Dornoch)
 G., Pte, 173, C Coy, 5th Seaforths (Bonar Bridge)
 G., Cpl, 2235, 8th Hussars (wounded)
 G.E., Major, Royal Wilts Yeomanry
 G.D., Lieut, 4th Royal Scots Fusiliers
 G.E., Major, Territorials
 G.S., Lieut, 3rd Camerons
 G.J., Pte, 2250, Liverpool Regiment
 G.S., Driver, 22949, Royal Field Artillery
 G.W., Pte, 5108, O Squadron, 2/2nd Lovat Scouts
 George, Sgt, Helensburgh, Coy, A.& S.H.(killed)
 George, Skipper, Royal Naval Reserve
 George, 6624, 1st Camerons (wounded)
 George, A.B., Royal Naval Reserve (Kirtomy)
 George, Pte, 3rd Seaforths (Kirtomy)
 George, S.,R.A.M.C.Scottish Horse (Farr Schoolhouse)
 George W., Trooper, Lovat Scouts (Naver Bridge)
 George, Trooper, Lovat Scouts (Farr)
 George, Sgt, 4th Gordons
 George L.F.,L Company, Royal Military College
 George, G.W., L-Cpl, 2238, 4th (Res.) Batt.York.Rgt.
 George, 2525, 4th Camerons
 George, Cpl, G Coy, 4th Gordons, (Durness)
 George, Pte, G Coy, 8th Royal Scots
 George, Pte, 16964, 13th Royal Scots
 George, Royal Scots (Oban)
 George St.Claire, 2847, A Coy, 9th Royal Scots (Leith)
 George, Gunner, 92025, Royal Field Artillery
 George, Farrier-Sgt, 8401, 117th Battery, R.F.A.
 George, Pte, 9th Royal Scots (Leith), killed in action
 George, L-Cpl, 2795, G Coy, 5th Seaforths (Portsherray)
 George S., Sgt, 2169, G Coy, 5th Seaforths (Halkirk)
 George Dodd, Gunner, 12602, Royal Field Artillery
 George Douglas, 56688, 9th Brigade, R.F.A.
 George Peter, H.M.S. Kent (Melness)
 Gilbert, Staff-Sgt, 19032, 1st (Res.) Regt 5th Dragoons
 Gordon, Pte, Public Schools Battalion
 Graham, Gunner, 48200, Royal Field Artillery
 H., Lieut, 13th Highland Light Infantry
 H., 2748, 4th Gordons
 H., Pte, 79777, Gordons (Prisoner of War)
 H., Camerons (Kinlochleven)
 H., Royal Naval Reserve (Shore, Portsherray)
 H.S. 2nd Lieut, Hampshire R.G.A.(Freshwater, I.W.)
 H.H.D., 2nd Lieut, 18th Hampshire T.G.A.
 H.C., Sgt, 13th Royal Scots

H.C., Staff-Sgt. 1st Field Amb.(Groot Schieur, S.A.)
 H.D., 2nd Lieut, 4th Connaught Rangers
 H., Pte, 177, 5th Seaforth (Bonar)
 H., L-Cpl, 9400, Yorkshire L.L.(prisoner in Germany)
 H., 5986, Camerons (wounded)
 H., Pte, 2534, 4th Camerons
 H.F., Capt, Reserve of Officers
 H.G.S. 2nd Lieut, Special Reserve, Camerons
 H.J, Col, Director of Medical Service (Exeter)
 H.M., Capt, Royal Engineers (killed 14/11/14)
 H.M., Midshipman, H.M.S. Leviathan
 H. Neil, Lieut, 12th Argylls
 H.R., 2nd Lieut, R.N.R. (F.C. Manse, Farr)
 Harry, Engineer, Royal Naval Reserve
 Hamish, 8th Argyll & Sutherland Highlanders (Oban)
 Harry, Driver, 54148, Royal Field Artillery
 Harrison, Sapper, 43625, 82nd Field Coy, R.E.
 Hector C., 15369, B Coy, 13th Royal Scots
 Hector, 8691, 1st Gordons (prisoner in Germany)
 Hector, Pte. H.L.I. (killed)
 Hector W., 4th Coy, 5th Scottish Rifles
 Henry, Chief Stoker,R.N.(1 Oakfield, Pleasance, Edin.)
 Henry N., 1776. Lieut. Argylls (wounded at Messines)
 Henry, 59088, 8th Brigade, Am. Column, R.F.A.
 Hubert, Pte., 1718, 4th Coy, 4th Seaforths
 Hugh, Pte, 30051, A.C.S. (wounded)
 Hugh, Sgt, Seaforths (wounded, Aisne)
 Hugh J., Pte, 7411, 1st Scots Guards
 Hugh, Trooper, A Squadron, 5th Dragoon Guards,
 Hugh, Pte, 4th Camerons, Contin
 Hugh, Sgt, 10th Seaforths
 Hugh, 8th Camerons (Kirtomy)
 Hugh, So.African Mounted Police (Cross Road, Farr)
 Hugh, Sgt-Major, 15th Royal Scots, Edin. City Batt.
 Hugh, Pte, 3156, 8th Black Watch
 Hugh, Pte, L534, 4th Camerons
 Hugh, A.B. 2053, R.N.V.R.
 Hugh, 2nd Scots Guards (Durness)
 Hugh, Pte, 5th Royal Scots
 Hugh, Gunner, 23949, R.F.A.
 Hugh, 2nd Lovat Scouts (Melness)
 Hugh, R.N.R. (Portsherray, Thurso)
 Hugh, 5th Seaforths (Melvich)
 Hugh, South African Contingent (Scourie)
 Hugh, Pte, Canadians (native of Rogart)
 I.F., Capt, 8th Gordons
 Ian, Lieut, 4th Camerons (Craigmonie, Inverness)
 Iain Aberach, Pte, 6th H.L.I. (*Celtic Monthly*), 10
 Bute Mansions, Hillhead
 Ian Hugh, Gunner, 41379 R.F.A.

A Wee Bit of Scottish humour:

A Scot is the only man on earth who would step over the bodies of a dozen bronzed naked beauties just to get to a glass of whiskey

**How do you disperse an angry Scottish mob?
Nae bother - just take up a collection.**

An Englishman, an Irishman and a Scotsman were standing looking at a prize cow in a field.

The Englishman says "Look at that fine English cow."

The Irishman disagreed, saying "No, it's an Irish cow."

The Scotsman thought for a moment and then clinched the argument. "No, it's a Scottish cow - it's got bagpipes underneath!"

Nowadays the Scots do not play bagpipes to frighten their enemies, they do it to annoy their neighbours.

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Renewal Form:

THE CLAN MACKAY ASSOCIATION OF CANADA

C/O Mr. Harry McKay, Treasurer

52 Mendota Road, Etobicoke, Ontario, M8Y 1G2

ASSOCIATION MEMBERSHIP (PLEASE PRINT CLEARLY)

Name: _____

Address: _____

Street City Province

Home Phone: _____ Business Phone: _____

E-Mail: _____

Publish on our web directory: Name Phone #

E-Mail address Do not publish

Annual Membership Fee is \$15.00. Total Enclosed: \$_____

Why not consider paying two years at a time?

Please forward to the above address with your enclosed cheque.

Thank you for supporting The Clan Mackay Association of Canada.

<http://www.clanmackay.ca/>